



## Annual Report 2018

*Flowers Before Bread*

Dear Friends of the Elderly,

I always enjoy putting this annual report together; it's an opportunity to look through a year of photos, gather stories, and remember all the good times we've had this year at Little Brothers – Friends of the Elderly.



This year was all about growth – our intergenerational CitySites program grew by 40%, we welcomed new volunteers and staff, we collaborated with more community partners, and we served over 1,250 seniors. As the number of older adults in our community continues to rise, LBFE is working hard to adapt to meet the increasing needs of the future.

In the following report we invite you to celebrate another year of new and enduring friendships. Together we've created art, tried new foods, learned words in new languages, played games, used new apps, and shared stories of the past and present. We brightened up the rooms of nursing homes and assisted living facilities with bouquets of flowers, we enjoyed the fresh air at summer picnics, we danced all afternoon at the best Thanksgiving party in Boston, and we celebrated the winter holidays together.

Thank you all for another banner year. Nothing would be possible without your generous support and warm hearts. I can't wait to do it all again!

Warmly,

A handwritten signature in blue ink that reads "Nikki Shults".

Nikki Shults  
Executive Director

PS: Did you know that 2019 is LBFE Boston's 40th Anniversary?  
Read on to learn how you can help us celebrate!



# CitySites

Weekly inter-generational and cross-cultural social programs for college students and older adults living in senior housing across the city.



239

**Elderly  
Participants**

Number of elder participants at our CitySites programs



89

**Volunteers**

Total number of students participating in CitySites



422

**Activities**

Total number of activities hosted



13

**Communities**

Number of senior housing buildings programs were hosted in

# Friendship & Flowers

Monthly visiting program in assisted living facilities and rehabs for volunteers 18+ and corporate groups.



180

Visits

Number of visits to nursing home and assisted living residents



90

Volunteers

Number of community volunteers who delivered flowers and friendship



15

Activities

Total number of F&F programs hosted



7

Communities

Number of assisted living facilities programs were hosted in

# Special Events

One-time or short-term social programs and special classes.



3

## Memorial

Number of orgs represented at the annual memorial service



2

## Picnics

Number of summer picnics at Larz Anderson Park



10

## Classes

Total number of computer classes taught with Tech Goes Home



5

## Art Classes

Number of art classes taught by a professional artist

# Holiday Celebrations

Visiting programs, parties, and meal deliveries to celebrate Thanksgiving and the winter holidays.



195

Meal Deliveries

Number of senior households receiving meals and/or visits



305

Volunteers

Number of volunteers during the holiday seasons



150

Party Attendees

Total number of seniors attending holiday parties with LBFE



200

Friendship & Flowers

Number of visits made to nursing home residents

# On-Call

Emergency food pantry deliveries,  
occasional errands, medical escorts,  
and one-time grocery programs.



24

Elders

Number of elders  
served by on-call and  
one-time grocery  
programs



15

Emergency Food

Number of  
emergency and  
grocery packages  
delivered



10

Errands

Number of round trip  
errand escorts



34

Medical Escorts

Number of  
round trip medical  
escorts

# Friendly Visiting

One-on-one visiting



40

**Elderly Participants**

Number of elders matched with volunteers and interns



39

**Volunteers**

Number of volunteers, students and interns doing friendly visiting



1872

**Visits**

Number of friendly visits

# FRIENDS ON THE HARBOR

**Thank you!**

Thank you to everyone who celebrated our 40th Anniversary  
with us at Friends on the Harbor.

See you again next year!



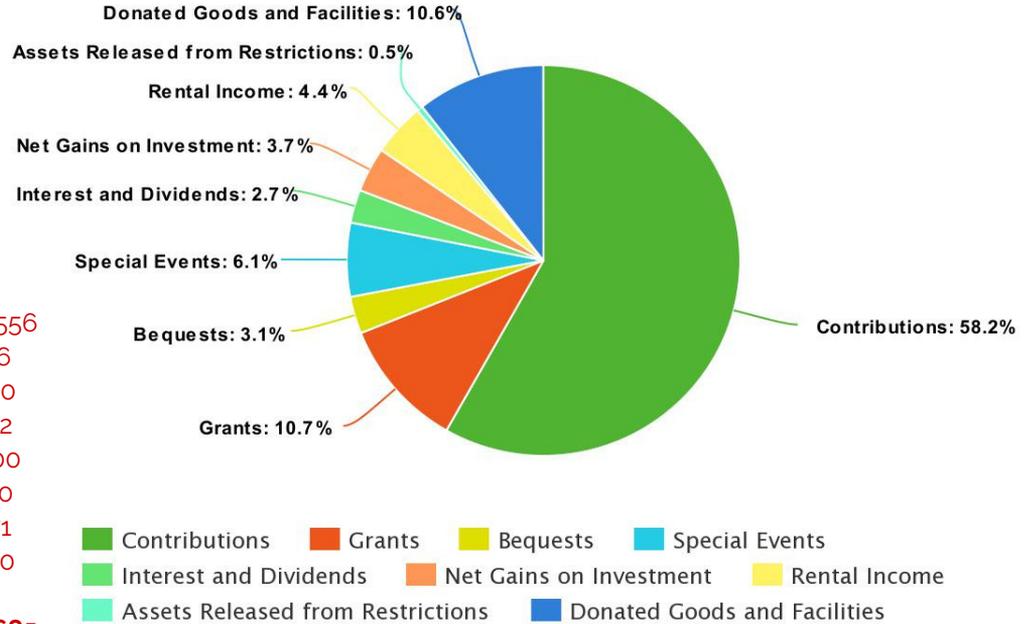


"These young people are a welcome addition to our social life. I have been attending their programs since they first came to my building a few years ago. I look forward every week to visits from these charming and energetic youths."

-Gawaine, resident at a BHA CitySite

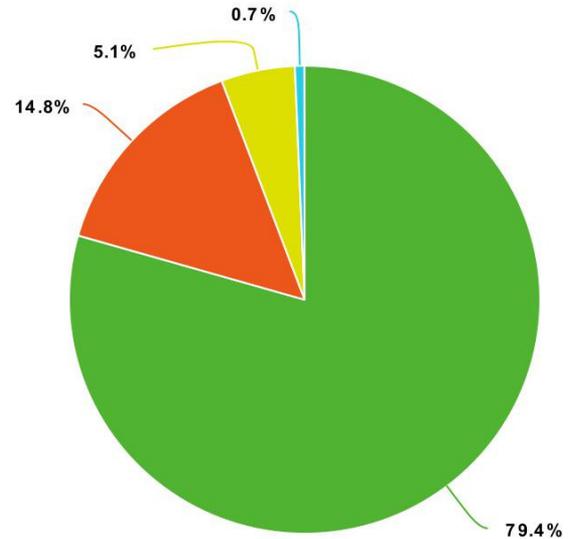
# Revenue

Contributions	\$ 228,556
Grants	\$42,116
Bequests	\$12,050
Donated Goods/Facilities/Services	\$41,542
Special Events	\$24,000
Rental Income	\$17,100
Investment Income	\$10,771
Investment gains, (loss)	\$14,550
Assets Released from Restrictions	\$1,933
<b>Total Revenues</b>	<b>\$390,685</b>



# Expenses

Program Services	\$367,116
Development & PR	\$68,574
Management & General	\$23,429
Chapter Membership	\$3,035
<b>Expenses</b>	<b>\$462,154</b>



■ Program Services   ■ Development and PR   ■ Management and General  
■ Chapter Membership Contributions

Net Increase (Decrease) in Assets	\$ (71,469)
Net Assets at Beginning of Year	\$ 1,043,360
Net Assets at End of Year	\$ 971,891

# Planned Giving

Charitable giving can be a meaningful part of your estate planning. It can help maximize tax advantages now and support philanthropic interests beyond your lifetime. You have the opportunity to develop a clear picture of funding priorities and benefits you want to achieve.

We encourage you to consider a planned gift to Little Brothers – Friends of the Elderly, Boston Chapter – a resource for your charitable giving needs. We offer several planned giving options to provide benefits for you and your family.

If you have any questions or would like to discuss planned giving, please contact Nikki at [nshults.bos@littlebrothers.org](mailto:nshults.bos@littlebrothers.org) or 617-524-8882.

## 2018 Legacy Society



Hortense Chagnon  
Norma Smith



**Help keep the laughter  
going far into the future.**

# A Passion for Service

I volunteered with LBFE through PULSE Service Learning class at Boston College. As part of this course, we are placed with community partners in order to be better educated about social injustice seen through marginalized populations. I was placed with LBFE at Symphony Towers, a housing building with a large population of elderly Chinese and Russian immigrants. During my time, I helped create and run weekly activities while also partaking in valuable conversation with the elders. While I loved being able to differentiate the activities each week, I took great value from the conversations and relationships. Being able to sit around a table and build relationships with a group of diverse individuals from a completely different generation is something that I found to be priceless. I was surprised to witness individuals who spoke different languages genuinely feel connections amongst each other. It was also surprising to me that everyone was very open to



• share their life stories and so charismatic in every  
• conversation we had. I believe LBFE's CitySite Programs not  
• only benefit the lives of the elders but also make a lasting  
• impact on students like myself. CitySites provide the elders  
• with the opportunity to interact with younger individuals  
• bringing joy into their lives. While the younger generation is  
• provided with a foundation of knowledge that we will  
• remember forever.  
• Aside from the wealth of knowledge, I was able to strengthen  
• both my communication skills, and my awareness to the  
• pressing needs of elders in our culture today. As a result,  
• LBFE has sparked an interest in me to further pursue my  
• passion for business combined with my love for service.  
• LBFE truly pushed me outside my boundaries and  
• introduced me to a group of people I now call my family.  
• Going forward, I would like to continue being apart of the  
• special programs LBFE has created in order to continue  
• combating the issue of elderly loneliness while also being  
• able to continue to grow as an individual.

Written by Ryan McTigue, Boston College student

## Thank you to the generosity of our 2018 Grantors

Americo Francisco Trust  
Boston Fatherless and Widow Society  
City of Boston Age Strong Commission  
City of Boston Trusts  
Henry T Wiggin Charitable Trust  
Highlandstreet Foundation  
Sanofi Foundation  
Sisters of Perpetual Indulgence



Every year our programs are supported with in-kind gifts of supplies, foods, event space, and staff. While we can not list everyone here we do want to acknowledge some of these special organizations.

- Boston Consulting Group
- Chartwells
- Congregation B'Nai Torah
- Gay 4 Good
- Hyatt Harborside Hotel
- Modera Wealth
- Northeastern University
- Signature Breads
- State Street Corporation
- St. Clements Parish Schools
- St. Ignatius Parish
- St. Raphael's School
- Sudbury Farms
- Temple Ohabei Shalom
- Temple Shalom of Newton
- Veracode
- Xaverian Brothers High School
- Walpole Girl Scouts
- Whole Foods Market



A very warm thank you to the members of our **Circle of Friends** monthly giving program! Monthly gifts allow for LBFE to plan for the future and serve our elderly friends all year round. For more information on how to join, email Nikki!

### **2018 Circle of Friends**

Jeremy Ryan & John Sebastianeli  
Catherine Senghas & Steve Jackson  
Ellen Coakley  
Kathleen Rumble  
Billy Pitman  
Carolyn Schlegel  
Elizabeth A. Strain  
James Pinney  
Jean Marino  
Jeremy Ryan & John Sebastianeli  
Joe Fazio

Margaret A Lavoie  
Margaret Hannemann  
Mark Wallace  
Mary Teresa Driscoll  
Maureen Nelting  
Mildred M Hathaway  
Nancy I. Papagno  
Nicholas & Bebe Nixon  
Richard Zbikowski  
Shannon Montanez





## THANK YOU TO OUR 2018 GRANDMA'S KITCHEN EVENT SPONSORS!



**SENIORS Helping SENIORS®**  
...a way to give and to receive®



# Commemorative Gifts FY18

## Gifts Made By:

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Gavin, Carol & Simon  
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Maureen Matthews  
Neal Heffron  
Peggy Lavoie  
Sarah Borgeson  
Sarah Borgeson  
Sarah Borgeson  
Teresa Wallace  
William Shek

## In Honor Of:

Allison Uthe  
Courtly Wood  
Christopher Schiavone  
Billy Pitman  
Sue Bonchi  
The Gokool Family  
Mary Squire  
Rachel Haney  
Rene Morrisette  
Neil & Marie Dennehy  
Andrew Bass  
Kathy & Mark Hitchcock  
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Mike Coburn & Carol Lewis  
Judy & Jim Klein  
Liam Martin Kane  
Nellie & Sidney Shek

## Gifts Made By:

Ann Mazzoli  
Carol & Jack Nolan  
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Elizabeth Keating  
Elizabeth Keating  
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Peggy Lavoie  
Peter & Jeanne Palmer  
Ryan Ribeiro  
Ryan Ribeiro  
Sandra Miller  
Sue Bonchi  
Sue Bonchi  
Sue Bonchi  
Teresa Wallace  
Virginia Ricker

## In Memory Of:

Robery & Anita Hucksam  
Jack Greenstein  
Gilda Poto  
Joan Doyle  
Mary Ahern  
Evelyn Keating Cox  
Helen & William Andler  
Barbara Ann  
Thom  
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Francis "Buddy" Gorman  
Jose Ribeiro  
Diva Pinheiro  
Elsie Oliver  
Anni V Maguire  
Ginny Yue's Father  
Dr. Gabriel Kitchener  
Ann Wallace  
Mary

**Thank you to our community partners who  
welcome us into their buildings and connect  
us with talented students:**

Boston College  
Boston University  
Bunker Hill Community College  
Dept of Youth Engagement and Employment  
Milestones Day School & Transition Program  
Northeastern University  
Tufts University School of Medicine



100 Ferrin St Senior Lounge/EHDOC  
Barkan Management Company  
Boston Centers for Youth & Families (Grove Hall)  
Boston Housing Authority  
Hearth Inc  
JP@Home / ETHOS  
Laurel Ridge Rehab  
Maloney Properties  
Mount Pleasant Home  
North End Rehab  
Peterborough Senior Center/Operation PEACE  
Rogerson Communities  
Ruggles Assisted Living  
The Schochet Company  
Susan S Bailis Assisted Living  
Tech Goes Home  
Zelma Lacey House

# Financial Gifts

## Oct 1, 2017 - Sept 30, 2018

### \$10,000 and above

Henry T Wiggins Trust  
Daniel Kelly  
Estate of Norma Smith  
James Pinney  
Robert & Christa Murray

### \$5,000-9,999

Richard E. Teller & Kathleen Rogers  
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Mary Louise Cavanaugh  
Patrick & Anne Glynn

### \$1,000-4,999

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Susan Okie Bush  
Susan R Bonchi  
Teresa Koster  
Yesim and Mark Richardson

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Anne and Thomas Anninger  
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Kathleen Rumble & George F Dubois  
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Margaret Hannemann  
Mary and Mark Sarlitto  
Mary Teresa Driscoll  
Maureen and Joseph Geller  
Pamela and Neil Hanson  
Philip D. Kluge  
Mr. & Mrs. Raymond P. Boulanger  
Ryan Ribeiro  
Shree Pandya

### \$250-499

AARP Inc Boston Chapter  
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Andrew Lantz  
Ann M Donovan  
Anne G. and Paul Gallagher  
Barbara A. Lenk  
Bill & Marcie Kimball  
Biogen Idec Foundation  
Boston Flatbread  
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Catherine Senghas & Steven Jackson  
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Chia-Jung (Rose) Kuo  
Christ Episcopal Church  
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Winthrop Wulsin  
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