Dear Friends of the Elderly,

I always enjoy putting this annual report together; it’s an opportunity to look through a year of photos, gather stories, and remember all the good times we’ve had this year at Little Brothers – Friends of the Elderly.

Thank you all for another banner year. Nothing would be possible without your generous support and warm hearts. I can’t wait to do it all again!

Warmly,

Nikki Shults
Executive Director

PS: Did you know that 2019 is LBFE Boston’s 40th Anniversary? Read on to learn how you can help us celebrate!

This year was all about growth – our intergenerational CitySites program grew by 40%, we welcomed new volunteers and staff, we collaborated with more community partners, and we served over 1,250 seniors. As the number of older adults in our community continues to rise, LBFE is working hard to adapt to meet the increasing needs of the future.

In the following report we invite you to celebrate another year of new and enduring friendships. Together we’ve created art, tried new foods, learned words in new languages, played games, used new apps, and shared stories of the past and present. We brightened up the rooms of nursing homes and assisted living facilities with bouquets of flowers, we enjoyed the fresh air at summer picnics, we danced all afternoon at the best Thanksgiving party in Boston, and we celebrated the winter holidays together.
CitySites

Weekly inter-generational and cross-cultural social programs for college students and older adults living in senior housing across the city.

- **239** Elderly Participants
  - Number of elder participants at our CitySites programs

- **89** Volunteers
  - Total number of students participating in CitySites

- **422** Activities
  - Total number of activities hosted

- **13** Communities
  - Number of senior housing buildings programs were hosted in
Friendship & Flowers

Monthly visiting program in assisted living facilities and rehabs for volunteers 18+ and corporate groups.

- **Visits**: 180
- **Volunteers**: 90
- **Activities**: 15
- **Communities**: 7

Number of visits to nursing home and assisted living residents.

Number of community volunteers who delivered flowers and friendship.

Total number of Friendship & Flowers programs hosted.

Number of assisted living facilities programs were hosted in.
Special Events

One-time or short-term social programs and special classes.

- **Memorial**: Number of orgs represented at the annual memorial service. 3
- **Picnics**: Number of summer picnics at Larz Anderson Park. 2
- **Classes**: Total number of computer classes taught with Tech Goes Home. 10
- **Art Classes**: Number of art classes taught by a professional artist. 5
Holiday Celebrations

Visiting programs, parties, and meal deliveries to celebrate Thanksgiving and the winter holidays.

- **Meal Deliveries**: 195
  Number of senior households receiving meals and/or visits

- **Volunteers**: 305
  Number of volunteers during the holiday seasons

- **Friendship & Flowers**: 200
  Number of visits made to nursing home residents

- **Party Attendees**: 150
  Total number of seniors attending holiday parties with LBFE
On-Call

Emergency food pantry deliveries, occasional errands, medical escorts, and one-time grocery programs.

- **Elders**: 24
- **Emergency Food**: 15
- **Errands**: 10
- **Medical Escorts**: 34

Number of elders served by on-call and one-time grocery programs.
Number of round trip emergency and grocery packages delivered.
Number of round trip errand escorts.
Number of round trip medical escorts.
Friendly Visiting

One-on-one visiting

- Elderly Participants: 40
- Volunteers: 39
- Visits: 1,872

Number of elders matched with volunteers and interns
Number of volunteers, students, and interns doing friendly visiting
Number of friendly visits
Thank you to everyone who celebrated our 40th Anniversary with us at Friends on the Harbor. See you again next year!
"These young people are a welcome addition to our social life. I have been attending their programs since they first came to my building a few years ago. I look forward every week to visits from these charming and energetic youths."

-Gawaine, resident at a BHA CitySite
Revenue

Contributions $228,556
Grants $42,116
Bequests $12,050
Donated Goods/Facilities/Services $41,542
Special Events $24,000
Rental Income $17,100
Investment Income $10,771
Investment gains, (loss) $14,550
Assets Released from Restrictions $1,933
Total Revenues $390,685
Expenses

Program Services $367,116
Development & PR $68,574
Management & General $23,429
Chapter Membership $3,035

Expenses $462,154

Net Increase (Decrease) in Assets $(71,469)
Net Assets at Beginning of Year $1,043,360
Net Assets at End of Year $971,891
Charitable giving can be a meaningful part of your estate planning. It can help maximize tax advantages now and support philanthropic interests beyond your lifetime. You have the opportunity to develop a clear picture of funding priorities and benefits you want to achieve.

We encourage you to consider a planned gift to Little Brothers – Friends of the Elderly, Boston Chapter – a resource for your charitable giving needs. We offer several planned giving options to provide benefits for you and your family.

If you have any questions or would like to discuss planned giving, please contact Nikki at nshults.bos@littlebrothers.org or 617-524-8882.
A Passion for Service

I volunteered with LBFE through PULSE Service Learning class at Boston College. As part of this course, we are placed with community partners in order to be better educated about social injustice seen through marginalized populations. I was placed with LBFE at Symphony Towers, a housing building with a large population of elderly Chinese and Russian immigrants. During my time, I helped create and run weekly activities while also partaking in valuable conversation with the elders. While I loved being able to differentiate the activities each week, I took great value from the conversations and relationships. Being able to sit around a table and build relationships with a group of diverse individuals from a completely different generation is something that I found to be priceless.

I was surprised to witness individuals who spoke different languages genuinely feel connections amongst each other. It was also surprising to me that everyone was very open to share their life stories and so charismatic in every conversation we had. I believe LBFE’s CitySite Programs not only benefit the lives of the elders but also make a lasting impact on students like myself. CitySites provide the elders with the opportunity to interact with younger individuals bringing joy into their lives. While the younger generation is provided with a foundation of knowledge that we will remember forever.

Aside from the wealth of knowledge, I was able to strengthen both my communication skills, and my awareness to the pressing needs of elders in our culture today. As a result, LBFE has sparked an interest in me to further pursue my passion for business combined with my love for service. LBFE truly pushed me outside my boundaries and introduced me to a group of people I now call my family.

Going forward, I would like to continue being apart of the special programs LBFE has created in order to continue combating the issue of elderly loneliness while also being able to continue to grow as an individual.

Written by Ryan McTigue, Boston College student
Thank you to the generosity of our 2018 Grantors

Americo Francisco Trust
Boston Fatherless and Widow Society
City of Boston Age Strong Commission
City of Boston Trusts
Henry T Wiggin Charitable Trust
Highlandstreet Foundation
Sanofi Foundation
Sisters of Perpetual Indulgence
Every year our programs are supported with in-kind gifts of supplies, foods, event space, and staff. While we can not list everyone here we do want to acknowledge some of these special organizations.

Boston Consulting Group
Chartwells
Congregation B’Nai Torah
Gay 4 Good
Hyatt Harborside Hotel
Modera Wealth
Northeastern University
Signature Breads
State Street Corporation
St. Clements Parish Schools
St. Ignatius Parish
St. Raphael’s School
Sudbury Farms
Temple Ohabei Shalom
Temple Shalom of Newton
Veracode
Xaverian Brothers High School
Walpole Girl Scouts
Whole Foods Market
A very warm thank you to the members of our **Circle of Friends** monthly giving program! Monthly gifts allow for LBFE to plan for the future and serve our elderly friends all year round. For more information on how to join, email Nikki!

**2018 Circle of Friends**

Jeremy Ryan & John Sebastianeli
Catherine Senghas & Steve Jackson
Ellen Coakley
Kathleen Rumble
Billy Pitman
Carolyn Schlegel
Elizabeth A. Strain
James Pinney
Jean Marino
Jeremy Ryan & John Sebastianeli
Joe Fazio
Margaret A Lavoie
Margaret Hannemann
Mark Wallace
Mary Teresa Driscoll
Maureen Nelting
Mildred M Hathaway
Nancy I. Papagno
Nicholas & Bebe Nixon
Richard Zbikowski
Shannon Montanez
Thank you to our 2018 Grandma's Kitchen Event Sponsors!

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- Craig Sutton
- John Snow, Inc.
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- SENIORS Helping SENIORS®
- Little Brothers Seniors Services
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- Dr. Gabriel Kitchener
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In Honor Of:
- Allison Utke
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- Christopher Schiavone
- Billy Pitman
- Sue Bonchi
- The Gokool Family
- Mary Myrer
- Rachel Haney
- Rene Morrisette
- Neil & Marie Dennehy
- Andrew Bass
- Kathy & Mark Hitchcock
- Tom Coburn & Leigh Berry
- Mike Coburn & Carol Lewis
- Judy & Jim Klein
- Liam Martin Kane
- Nelie & Sidney Shek

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- Judy & Jim Klein
- Liam Martin Kane
- Nelie & Sidney Shek
Thank you to our community partners who welcome us into their buildings and connect us with talented students:

Boston College
Boston University
Bunker Hill Community College
Dept of Youth Engagement and Employment
Milestones Day School & Transition Program
Northeastern University
Tufts University School of Medicine

100 Ferrin St Senior Lounge/EHDOC
Barkan Management Company
Boston Centers for Youth & Families (Grove Hall)
Boston Housing Authority
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Laurel Ridge Rehab
Maloney Properties
Mount Pleasant Home
North End Rehab
Peterborough Senior Center/Operation PEACE
Rogerson Communities
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The Schochet Company
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