

Dear Friend,

What a summer it has been here at LBFE! We started with our big move and will close out with Friends on the Harbor, a gala celebrating our 40th Anniversary - and we had a lot of fun with our elder friends in between.

On July 15th we officially changed our address to 2 Park Plz Ste 314 Boston, MA 02116. The process went smoothly; however we are still patiently awaiting the arrival of our furniture. We are looking forward to being fully settled in and able to invite you to see our new home soon. The staff and student volunteers have already enjoyed our new proximity to programs and the ease of navigating from downtown to JP to Fenway to Dorchester and beyond.

With the move happening in the background, our program team was as busy as ever with a full slate of summer programs. We were joined by our summer interns, DYEE city youth employees, as well as volunteers from our own community, middle school students from St. Patrick's Academy, college students from Northeastern's Global Pathways program, and high school students from Fox Point Lutheran Church. Our staff and volunteers hosted weekly intergenerational programs at 15 different locations, including new partners Standish Village and Hearth Olmsted Green in Dorchester and 2Life in Brighton. We welcomed volunteers through Boston Cares for two Friendship & Flowers visiting programs at Zelma Lacy in Charlestown. We hosted two summer picnics at Larz Anderson Park in Brookline with volunteers and older adults to celebrate the summer and a few birthdays - including Louise's 90th! And finally, this coming Saturday we are piloting a new Memory Café at Rogerson House in Jamaica Plain with the help of our partners at Tufts Medical School.

With the close of summer upon us, we are excited to end with a big celebration to mark Little Brothers - Friends of the Elderly, Boston Chapter's 40th Anniversary. I am sure you have heard by now (numerous times) about Friends on the Harbor - a fundraising event to support our programs to relieve isolation and loneliness among the elderly. The event will be on Thursday September 5th at 6pm. <u>Click here for more information and to buy tickets</u>. It's going to be a wonderful and FUN event hosted by Gene Dante from Gene Dante and the Future Starlets, featuring live music from the Soft Touch Band, remarks from experts in the elder services community, and the presentation of our Exceptional Service Award. I hope to see you all there!

Thank you to everyone for making all of this happen this summer. Your support continues to bring people of all ages together in friendship. In a world full of generational tensions, you're building bridges to a stronger community. Our neighborhoods are better because of your kindness.

Gratefully,

Nikki Shults Executive Director



LBFE Accomplishments

Congrats to our program staff for being selected to present at two upcoming conferences! We're so proud to be contributing to the larger conversation on elder services and intergenerational programming.

Program Director Cynthia Wilkerson will be co-presenting at the \underline{MA}



<u>Councils on Aging's Fall Conference</u> in a workshop titled Town & Gown: Creating Intergenerational Programming Partnerships with Higher Ed.

Program Director Cynthia Wilkerson and IG Program Manager Stephenie Hou will be presenting at Bridges Together's <u>Second Annual Intergenerational</u> <u>Symposium</u> at Lasell College.

Friends on the Harbor

Join us in celebrating LBFE Boston's 40th Anniversary at Friends on the Harbor! Tickets are only \$50 and includes dinner, live music and dancing, raffles, remarks from experts in elder services and special guests Michele and Sherlley from our CitySite program in the South End. <u>Get your tickets while you can!</u>



Thursday September 5th at 6pm Hyatt Regency Boston Harbor (near Logan Airport)



A message from our friends at St Botolph

It's been one year since we premiered <u>this</u> <u>video</u> at Grandma's Kitchen. You'll have the opportunity to meet some of these great people in person at Friends on the Harbor!

Memory Cafes

In the beginning of this newsletter I mentioned that LBFE is piloting a new Memory Cafe at Rogerson House with our partners at Tufts Medical School. Memory <u>Cafes</u> are a national movement to create friendly spaces for people with memory loss and their caregivers. The activities differ from location to location, but the goal is the same: to bring people together who are affected by memory impairment for a break from their routine in a place that is designed for them.



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