Dear Friends of the Elderly,

As I put together the 2019 Annual Report I can’t help but think about how much has changed from last year to now. The memories of good times spent together with neighbors and friends leave me feeling nostalgic for the pre-COVID world filled with live events and hugs.

But as wonderful as these virtual gatherings are, I think I can speak for the whole LBFE Family when I say I can’t wait to be together making art, dancing, playing games, and spending time together side by side again.

Warmly,

Nikki Shults
Executive Director

I hope you enjoy this stroll down memory lane, and find joy in the following pages filled with stories, friendships, and good times.

Though as much as we cannot wait to be together again in person, one thing is as true today as it was last year: friendship and love is all around. Despite changes in how we interact with each other, LBFE continues to be committed to building communities that span generations and cultures to relieve loneliness and isolation. We are finding new ways to bring older and younger people together, to foster relationships, to connect neighbors, to love and be loved.

I am continuously inspired by the older adults in our programs. They are resilient and a source of strength and wisdom during a time that feels so different from any other. Together with our volunteers they are learning new technology and continue to gather [virtually] with neighbors to build communities of strength and comfort.
CitySites

Weekly inter-generational and cross-cultural social programs for older adults living in senior housing across the city and college students.

- **425** Older Participants
  Number of elder participants at our CitySites programs

- **573** Activities
  Total number of activities hosted

- **17** Communities
  Number of senior housing buildings programs were hosted in

- **103** Younger Participants
  Total number of students participating in CitySites
Friendship & Flowers

Monthly visiting program in assisted living facilities and rehabs for volunteers 18+ and corporate groups.

- **357 Visits**: Number of visits to nursing home and assisted living residents
- **95 Volunteers**: Number of community volunteers who delivered flowers and friendship
- **15 Activities**: Total number of F&F programs hosted
- **7 Communities**: Number of assisted living facilities programs were hosted in
Special Events

One-time or short-term social programs and special classes.

- **Summer Picnics**: Number of summer picnics at Larz Anderson Park
- **Ice Cream Social**: Scoops of ice cream served at the Park Street Congregate ice cream social
- **Day Care Visit**: Total number of participants for a Day Care visit at Symphony Towers
- **Art Matters**: Number of paintings made on Art Matters Day with MA Creative
Holiday Celebrations

Special events to celebrate the winter holidays.

- **Holiday Parties**: 132
  Number of older adults attending our Thanksgiving and Holiday parties

- **Volunteers**: 120
  Number of volunteers during the holiday seasons

- **Friendship & Flowers**: 320
  Number of holiday visits made to nursing home residents
Friendly Visiting

One-on-one visiting

- **Elderly Participants**: 43
- **Volunteers**: 48
- **Visits**: 2300

Number of elders matched with volunteers and interns doing friendly visiting
Thank you to everyone who celebrated with us at Friends on the Harbor.
See you again in person next year!

Thank you to our 2019 Sponsors

- Santander
- tonneson + co
- John Snow, Inc.
- BOSTON PRIVATE
- Webster Bank
- SENIORS Helping SENIORS
- schochet companies
- Northeastern University
- do-GOOD.biz
- ARBELLA INSURANCE FOUNDATION
- LITTLE BROTHERS FRIENDS OF THE ELDERLY Boston Chapter
"Meeting the students is like taking an interesting and enjoyable trip without leaving home"

-Marion, resident at a BHA CitySite

2019 Board of Directors
Julia Wengrovitz - President
Ronald Chu - Vice President
Juliana Haddad Litterio - Treasurer
Billy Pitman - Clerk
Alexandra Grasso
Rosemary McAndrew
Jeffrey H. Neil
Joshua Obeiter
Ryan Ribeiro
Nikki Shults, ex officio

Staff
Nikki Shults - Executive Director
Robert Guthrie - Director of Development
Stephenie Hou - IG Program Manager
Cynthia Wilkerson - Program Director
Contributions: $188,721
Grants: $76,604
Bequests: $1,554
Donated Goods/Facilities/Services: $16,337
Special Events: $11,665
Rental Income: $11,600
Investment Income: $13,176
Investment gains, (loss): $9,509
Gain on Sale of Assets: $1,013,998
Total Revenues: $1,343,055
Expenses

Program Services: $350,519
Development & PR: $80,358
Management & General: $19,012
Chapter Membership: $2,205

Total Expenses: $452,094

Net Increase (Decrease) in Assets: $(71,469)
Net Assets at Beginning of Year: $1,043,360
Net Assets at End of Year: $971,891
A Lasting Impact

Charitable giving can be a meaningful part of your estate planning. It can help maximize tax advantages now and support philanthropic interests beyond your lifetime. You have the opportunity to develop a clear picture of funding priorities and benefits you want to achieve.

We encourage you to consider a planned gift to Little Brothers – Friends of the Elderly, Boston Chapter – a resource for your charitable giving needs. We offer several planned giving options to provide benefits for you and your family.

If you have any questions or would like to discuss planned giving, please contact Nikki at nshults.bos@littlebrothers.org or 617-524-8882.
From the Field

In 2019 LBFE Boston embarked on a program evaluation project with Northeastern’s Public Evaluation Lab. Part of this evaluation included conducting focus groups with older and younger participants. Here are some of the highlights:

Older Adults

“Yes, the laughter helps in different ways, mentally, spiritually, in our daily lives because we forget a little of our problems or the loneliness we live in. So yes, we feel a little happier and it helps a lot”

“You already had fun, and we go and talking in the lobby about it, or we sit here and play more games after they’ve [the volunteers] gone”

“So just having something to look forward to every week when you don’t have a lot to look forward to.”

“You feel that the youth, not all but some, think that we older people are not worth it....I think young people who spend time with us have learned and understood that we do know, that we can. We are not dying yet and we have high self-esteem Whatever comes our way, we can take on, we never say no, are always positive and always can.”

Students

“I just wanted to have a feeling of having grandparents or like having some wisdom from other people who are older than my parents, but have other opinions.”

“I think it’s our duty to help elderly and to keep company with them. Because if I am growing older, maybe I will feel lonely and I will want someone to keep company with me.”

“I mean it’s just like any relationship...you come in and you don’t know anybody and it’s kind of a little awkward and then you start to get to know people and their personalities and you show up and they’re like, oh hi! And so it’s nice. ...If I don’t have anything after sometimes, I’ll just hang out after.”

“I met a 95 year old... she likes to dance a lot and she likes to party a lot. So I’m like... that sounds so fun! Growing up doesn’t sound that bad... so I guess it made me...look forward to getting older.”
Thank you to the generosity of our 2019 Grantors

Americo Francisco Trust
Boston Evening Clinic Foundation
Bushrod H. Campbell and Adah F. Hall Charity Fund
City of Boston Age Strong Commission, Title III
Grimes King Foundation
Henry T Wiggin Charitable Trust
Liberty Mutual Foundation
Northeastern University CCS
Every year our programs are supported with in-kind gifts of supplies, foods, event space, and staff. While we can not list everyone here we do want to acknowledge some of these special organizations.

Boston Consulting Group
Hyatt Regency, Boston Harbor
NETA
Northeastern University
Slalom Consulting
State Street Alumni
Veracode
Whole Foods Market
A very warm thank you to the members of our Circle of Friends monthly giving program! Monthly gifts allow for LBFE to plan for the future and serve our elderly friends all year round. For more information on how to join, email Nikki

2019 Circle of Friends

Jeremy Ryan & John Sebastianeli
Catherine Senghas & Steve Jackson
Ellen Coakley
Kathleen Rumble
Billy Pitman
Elizabeth A. Strain
Jean Marino
Jeremy Ryan & John Sebastianeli
Joe Fazio
Margaret A Lavoie
Margaret Hannemann
Mark Wallace
Mary Teresa Driscoll
Maureen Nelting
Mildred M Hathaway
Nancy I. Papagno
Nicholas & Bebe Nixon
Richard Zbikowski
Shannon Montanez
Commemorative Gifts FY19

Gifts Made By:

- Alan Carrier
- Carol Ann McNamara
- Darlene Stokes
- Dexter Nardella
- Eileen Chow
- Emily Andler
- Emily Andler
- George Smart
- Heidi Healy
- James Baichoo
- Jane Soule
- Jay & Maddy Ambrose
- Jeremy Ryan
- Jessica Simao
- JoAnn Slota
- Joanne Cheever
- Joe Ahern
- John Desilets
- John Foley
- Joy Blackmark
- Katherine Simao
- Kathleen Roane
- Kayla DiPilato
- Kurt Gress
- Lisa Masotta
- MaryAnn Paglione
- Michael Lewis
- Michael Ryan
- Michelle Comtois
- Michelle Phibbrick
- Mike Doyle
- Mr. & Mrs. William D’Angelo
- Nikki Shults
- Palmira Adkins
- Ramona Olson
- Richard Fucarile II
- Ryan Boehm
- Samantha Rice
- Shannon Slota
- Susan Bonchi
- The Noonan Family

In Memory Of:

- Ralph Cairns
- Ralph Cairns
- Ralph Cairns
- Ralph Cairns
- Ralph Cairns
- Helen & William Andler
- Uncle Phil
- Thom Ambrose
- Ralph Cairns
- Harkess & Sukhia Raghubir
- Bryna Lanksy
- Gloria Bell
- Helen Whittum
- Ralph Cairns
- Ralph Cairns
- Ralph Cairns
- Mary Noonan
- Rita Hurley
- Ralph Cairns
- Ralph Cairns
- Ralph Cairns
- Ralph Cairns
- Ralph Cairns
- Madeline Owens
- Ralph Cairns
- Blain Parkinson
- Robert ‘Bobby’ Chase
- Ralph Cairns
- Ralph Cairns
- Ralph Cairns
- Ralph Cairns
- Ralph Cairns
- Ralph Cairns
- Joseph Carvotta
- Ralph Cairns
- Artemisa India Bello
- Barbara Lewis
- Richard Charles Fucarile
- Wilbur and Marion Lewis
- Ralph Cairns
- Ralph Cairns
- Father of Maxine Andary
- Mary Noonan

Gifts Made By:

- Anne Chehade
- Billy Pitman
- Chris Ford
- David Heafitz
- Diana Nugent
- Eileen Cheever
- FSA Wealth Management
- Joanne Cheever
- Joseph Kurilecz
- Kevin McNamara
- Margaret Crawford
- Mark Wallace
- Melissa Ferrao
- Scott Shults
- Sher Vogel
- Stephanie Games
- Susan Fendell
- Tania Phillips & Jeffrey Dover
- Veronica Zolina

In Honor Of:

- Francisco and Albina Lifrieri
- Jane Pitman
- TCU Winning a football game
- Marty Guerin
- Renee Gelman
- Patti Cheever
- Susan Bonchi
- Patti Cheever
- Stella, Mitchell, Mary and Joseph
- Mary McNamara
- Eleanor L. Jordan
- Anyone who finds themselves alone on Thanksgiving
- Dominic & Cleopatra Ferrao
- Nikki Shults
- Nikki Shults
- Harry and Caroline Games
- Elaine Fendell
- Kathy Petrell & Anne Sophie Dankens
- Rosemary McAndrew and Bruce Hamilton
- Artemisa India Bello
- Barbara Lewis
- Richard Charles Fucarile
- Wilbur and Marion Lewis
- Ralph Cairns
- Ralph Cairns
- Father of Maxine Andary
- Mary Noonan
Thank you to our community partners who welcome us into their buildings and connect us with talented students including:

Boston College
Boston University
Bunker Hill Community College
City of Boston: Dept of Youth Engagement and Employment
Milestones Day School & Transition Program
Northeastern University
Tufts University School of Medicine

100 Ferrin St Senior Lounge/EHDOC
Barkan Management Company
Benjamin Healthcare
Boston Centers for Youth & Families (Grove Hall)
Boston Housing Authority
Hearth Inc
JP@Home / ETHOS
Laurel Ridge Rehab
Maloney Properties
Mount Pleasant Home
North End Rehab
Peterborough Senior Center/Operation PEACE
Rogerson Communities
Ruggles Assisted Living
The Schochet Company
Susan S Bailis Assisted Living
Tech Goes Home
Zelma Lacey House
Philanthropist - $25,000+
Liberty Mutual Foundation*
The Boston Foundation*

Benefactor - $10,000-$24,999
Age Strong Commission Title III
Boston Evening Clinic Foundation
Mary Louise Cavanaugh*
Grimes King Foundation*
Henry Wiggins Charitable Trust
Robert and Christa Murray

Champion - $5,000-$9,999
Americo Francisco Charitable Trust*
Bushrod H. Campbell and Adah F. Hall Charity Fund*
Glynn Family Foundations*
Daniel Kelly*
Tania Philips & Jeffrey Dover*
Richard Teller & Kathleen Rogers*

Advocate - $2,500 - $4,999
Patricia Berger*
Joseph Connolly
Jill Hartman*
Jeffrey Neil

Confidante - $1,000-$2,499
Anonymous*
Aptima Inc.
Michael & Julie Bailit*
Russell Campanello*
Donald Dickinson*
Ronald & Tammy Chu
Michael Flaherty & Ruth Burns

Companion - $500-$999
Anonymous (2)
Anne and Thomas Anninger*
Andrew Bass
Mary Jane and Winthrop
Baylies
Peggy Blitz*
Susan Bonchi*
Kathleen Dennehy-Fay
Mary Teresa Driscoll
Joseph Fallon*
John Donahue
Maureen & Joseph Geller*
Sally A. Gibson
Emily and Benjamin Goldberger
Kenneth Gorson*
Flavio & Juliana Haddad-Litterio
Nelson and Eugenia Lees*
Shelly & Ofer Nemirovsky*
Northeastern University CCS
Rosemary McAndrew
Michael J. Mulcahy
Patricia Murphy*
Susan Okie-Bush*
Elizabeth Pesce*
Patricia Provost*
Mark & Yesim Richardson*
Sarah Rothermel*
Douglas & Judith Ryder*
Schochet Companies*
Robert Siebert & Maureen Shea-Siefert*
Robert & Judith St. John*
Sher Vogel
Maralyn Wheeler & Amelia Charamba*

Lisa Gelin
Margaret Hannemann
Pamela Hanson*
Philip and Laurel Kluge
Katherine Lane
Andrew Lantz*
Barbara Manzolillo
Loran Macumber*
Nyemba and Preeya Mbekeani
Kim McCant*
Robert & Mary Mcgaughey*
Ruben Moreno
Daniel Mummolo
Billy Pitman
Joseph G. Pulitano*
Jeanne Rapacki
Kathleen Rumble & George Dubois
Jeremy Ryan
Catherine Senghas & Steve Jackson
John Sasso
Kristen Scudieri
Helen T. Sheehan
Mary Strachan
Elizabeth A. Strain
Steven & Sandy Smith
United Way of MA Bay*
Peter C. Walsh
Deborah Wengrovitz*
Julia Wengrovitz

* Denotes Current FY20 Circle of Compassion member
Ending Elder Loneliness and Building Intergenerational Communities