



Dear Friends of the Elderly,

As I put together the 2019 Annual Report I can't help but think about how much has changed from last year to now. The memories of good times spent together with neighbors and friends leave me feeling nostalgic for the pre-COVID world filled with live events and hugs.



I hope you enjoy this stroll down memory lane, and find joy in the following pages filled with stories, friendships, and good times.

Though as much as we cannot wait to be together again in person, one thing is as true today as it was last year: friendship and love is all around. Despite changes in how we interact with each other, LBFE continues to be committed to building communities that span generations and cultures to relieve loneliness and isolation. We are finding new ways to bring older and younger people together, to foster relationships, to connect neighbors, to love and be loved.

I am continuously inspired by the older adults in our programs. They are resilient and a source of strength and wisdom during a time that feels so different from any other. Together with our volunteers they are learning new

technology and continue to gather [virtually] with neighbors to build communities of strength and comfort.

But as wonderful as these virtual gatherings are, I think I can speak for the whole LBFE Family when I say I can't wait to be together making art, dancing, playing games, and spending time together side by side again.

Warmly,

A handwritten signature in blue ink, appearing to read 'Nikki Shults'.

Nikki Shults
Executive Director



CitySites

Weekly inter-generational and cross-cultural social programs for older adults living in senior housing across the city and college students.



425

Older Participants

Number of elder participants at our CitySites programs



103

Younger Participants

Total number of students participating in CitySites



573

Activities

Total number of activities hosted



17

Communities

Number of senior housing buildings programs were hosted in

Friendship & Flowers

Monthly visiting program in assisted living facilities and rehabs for volunteers 18+ and corporate groups.



357

Visits

Number of visits to nursing home and assisted living residents



95

Volunteers

Number of community volunteers who delivered flowers and friendship



15

Activities

Total number of F&F programs hosted



7

Communities

Number of assisted living facilities programs were hosted in

Special Events

One-time or short-term social programs
and special classes.



2

Summer Picnics

Number of summer
picnics at Larz
Anderson Park



24

Ice Cream Social

Scoops of ice cream
served at the Park
Street Congregate ice
cream social



32

Day Care Visit

Total number of
participants for a Day
Care visit at Symphony
Towers



6

Art Matters

Number of
paintings made on Art
Matters Day with MA
Creative

Holiday Celebrations

Special events to celebrate the winter holidays.



132

Holiday Parties

Number of older adults attending our Thanksgiving and Holiday parties



120

Volunteers

Number of volunteers during the holiday seasons



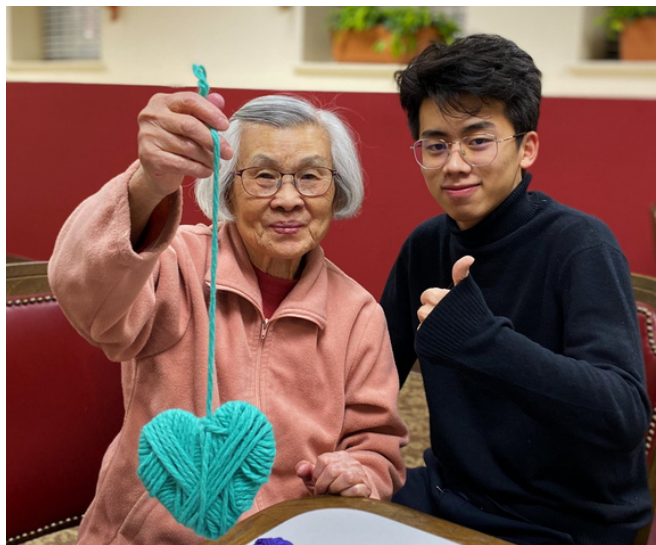
320

Friendship & Flowers

Number of holiday visits made to nursing home residents

Friendly Visiting

One-on-one visiting



43

**Elderly
Participants**

Number of elders
matched with
volunteers and interns



48

Volunteers

Number of
volunteers, students
and interns doing
friendly visiting



2300

Visits

Number of
friendly visits



Thank you to our 2019 Sponsors



Thank you!

Thank you to everyone who celebrated with us at
Friends on the Harbor.
See you again in person next year!





"Meeting the students is like taking
an interesting and enjoyable trip
without leaving home"

-Marion, resident at a BHA CitySite

2019 Board of Directors

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Rosemary McAndrew

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Nikki Shults, ex officio

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Nikki Shults - Executive Director

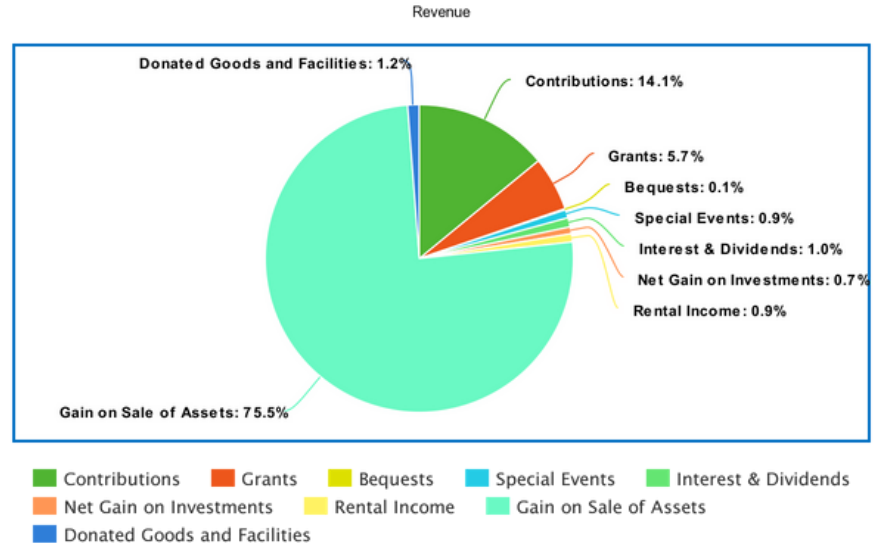
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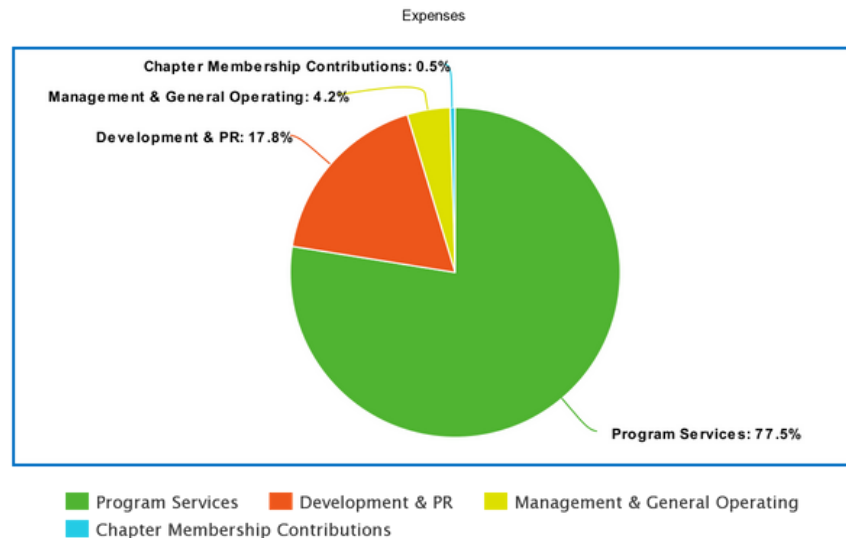
Revenue

Contributions	\$ 188,721
Grants	\$76,604
Bequests	\$1,554
Donated Goods/Facilities/Services	\$16,337
Special Events	\$11,665
Rental Income	\$11,600
Investment Income	\$13,176
Investment gains, (loss)	\$9,509
Gain on Sale of Assets	\$1,013,998
Total Revenues	\$1,343,055



Expenses

Program Services	\$350,519
Development & PR	\$80,358
Management & General	\$19,012
Chapter Membership	\$2,205
Expenses	\$452,094



meta-chart.com

Net Increase (Decrease) in Assets	\$ (71,469)
Net Assets at Beginning of Year	\$ 1,043,360
Net Assets at End of Year	\$ 971,891

Planned Giving

A Lasting Impact

Charitable giving can be a meaningful part of your estate planning. It can help maximize tax advantages now and support philanthropic interests beyond your lifetime. You have the opportunity to develop a clear picture of funding priorities and benefits you want to achieve.

We encourage you to consider a planned gift to Little Brothers – Friends of the Elderly, Boston Chapter – a resource for your charitable giving needs. We offer several planned giving options to provide benefits for you and your family.

If you have any questions or would like to discuss planned giving, please contact Nikki at nshults.bos@littlebrothers.org or 617-524-8882.

2019 Legacy Society



Norma Smith



From the Field

In 2019 LBFE Boston embarked on a program evaluation project with Northeastern's Public Evaluation Lab. Part of this evaluation included conducting focus groups with older and younger participants. Here are some of the highlights:

Older Adults

"Yes, the laughter helps in different ways, mentally, spiritually, in our daily lives because we forget a little of our problems or the loneliness we live in. So yes, we feel a little happier and it helps a lot"

"You already had fun, and we go and talking in the lobby about it, or we sit here and play more games after they've [the volunteers] gone"

"So just having something to look forward to every week when you don't have a lot to look forward to."

"You feel that the youth, not all but some, think that we older people are not worth it....I think young people who spend time with us have learned and understood that we do know, that we can. We are not dying yet and we have high self-esteem Whatever comes our way, we can take on, we never say no, are always positive and always can."

Students

"I just wanted to have a feeling of having grandparents or like having some wisdom from other people who are older than my parents, but have other opinions."

"I think it's our duty to help elderly and to keep company with them. Because if I am growing older, maybe I will feel lonely and I will want someone to keep company with me."

"I mean it's just like any relationship...you come in and you don't know anybody and it's kind of a little awkward and then you start to get to know people and their personalities and you show up and they're like, oh hi! And so it's nice. ...If I don't have anything after sometimes, I'll just hang out after."

"I met a 95 year old... she likes to dance a lot and she likes to party a lot. So I'm like... that sounds so fun! Growing up doesn't sound that bad.... so I guess it made me...look forward to getting older."



Thank you to the generosity of our 2019 Grantors

Americo Francisco Trust
Boston Evening Clinic Foundation
Bushrod H. Campbell and Adah F. Hall Charity Fund
City of Boston Age Strong Commission, Title III
Grimes King Foundation
Henry T Wiggin Charitable Trust
Liberty Mutual Foundation
Northeastern University CCS



Every year our programs are supported with in-kind gifts of supplies, foods, event space, and staff. While we can not list everyone here we do want to acknowledge some of these special organizations.

Boston Consulting Group
Hyatt Regency, Boston Harbor
NETA
Northeastern University
Slalom Consulting
State Street Alumni
Veracode
Whole Foods Market



A very warm thank you to the members of our **Circle of Friends monthly giving program!** Monthly gifts allow for LBFE to plan for the future and serve our elderly friends all year round. For more information on how to join, email Nikki

2019 Circle of Friends

Jeremy Ryan & John Sebastianeli
Catherine Senghas & Steve Jackson
Ellen Coakley
Kathleen Rumble
Billy Pitman
Elizabeth A. Strain
Jean Marino
Jeremy Ryan & John Sebastianeli
Joe Fazio
Margaret A Lavoie

Margaret Hannemann
Mark Wallace
Mary Teresa Driscoll
Maureen Nelting
Mildred M Hathaway
Nancy I. Papagno
Nicholas & Bebe Nixon
Richard Zbikowski
Shannon Montanez



Commemorative Gifts FY19

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Anne Chehade
 Billy Pitman
 Chris Ford
 David Heafitz
 Diana Nugent
 Eileen Cheever
 FSA Wealth Management
 Joanne Cheever
 Joseph Kurilecz
 Kevin McNamara
 Margaret Crawford
 Mark Wallace
 Melissa Ferrao
 Scott Shults
 Sher Vogel
 Stephanie Games
 Susan Fendell
 Tania Phillips & Jeffrey Dover
 Veronica Zolina

In Honor Of:

Francisco and Albina Lifrieri
 Jane Pitman
 TCU Winning a football game
 Marty Guerin
 Renee Gelman
 Patti Cheever
 Susan Bonchi
 Patti Cheever
 Stella, Mitchell, Mary and Joseph
 Mary McNamara
 Eleanor L. Jordan
 Anyone who finds themselves alone on Thanksgiving
 Dominic & Cleopatra Ferrao
 Nikki Shults
 Nikki Shults
 Harry and Caroline Games
 Elaine Fendell
 Kathy Petrell & Anne Sophie Dankens
 Rosemary McAndrew and Bruce Hamilton

Gifts Made By:

Alan Carrier
 Carol Ann McNamara
 Darlene Stokes
 Dexter Nardella
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 Emily Andler
 Emily Andler
 George Smart
 Heidi Healy
 James Baichoo
 Jane Soule
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 Joanne Cheever
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 Nikki Shults
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 Ramona Olson
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 Ryan Boehm
 Samantha Rice
 Shannon Slota
 Susan Bonchi
 The Noonan Family

In Memory Of:

Ralph Cairns
 Ralph Cairns
 Ralph Cairns
 Ralph Cairns
 Ralph Cairns
 Helen & William Andler
 Uncle Phil
 Thom Ambrose
 Ralph Cairns
 Harkess & Sukhia Raghubir
 Bryna Lanksy
 Gloria Bell
 Helen Whittum
 Ralph Cairns
 Ralph Cairns
 Mary Noonan
 Rita Hurley
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 Madeline Owens
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 Ralph Cairns
 Ralph Cairns
 Joseph Carvotta
 Ralph Cairns
 Artemisa India Bello
 Barbara Lewis
 Richard Charles Fucarile
 Wilbur and Marion Lewis
 Ralph Cairns
 Ralph Cairns
 Father of Maxine Andary
 Mary Noonan

**Thank you to our community partners who
welcome us into their buildings and connect
us with talented students including:**

Boston College
Boston University
Bunker Hill Community College
City of Boston:
Dept of Youth Engagement and Employment
Milestones Day School & Transition Program
Northeastern University
Tufts University School of Medicine



100 Ferrin St Senior Lounge/EHDOC
Barkan Management Company
Benjamin Healthcare
Boston Centers for Youth & Families (Grove Hall)
Boston Housing Authority
Hearth Inc
JP@Home / ETHOS
Laurel Ridge Rehab
Maloney Properties
Mount Pleasant Home
North End Rehab
Peterborough Senior Center/Operation PEACE
Rogerson Communities
Ruggles Assisted Living
The Schochet Company
Susan S Bailis Assisted Living
Tech Goes Home
Zelma Lacey House

Philanthropist - \$25,000*

Liberty Mutual Foundation*
The Boston Foundation*

Benefactor - \$10,000-\$24,999

Age Strong Commission Title III
Boston Evening Clinic Foundation
Mary Louise Cavanaugh*
Grimes King Foundation*
Henry Wiggins Charitable Trust
Robert and Christa Murray

Champion - \$5,000-\$9,999

Americo Francisco Charitable Trust*
Bushrod H. Campbell and Adah F. Hall Charity Fund*
Glynn Family Foundations*
Daniel Kelly*
Tania Philips & Jeffrey Dover*
Richard Teller & Kathleen Rogers*

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Jill Hartman*
Jeffrey Neil

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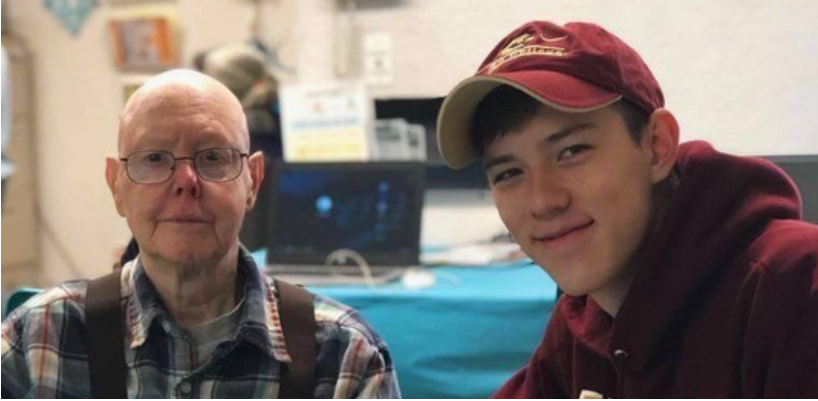
Companion - \$500-\$999

Anonymous (2)
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Mary Jane and Winthrop
Baylies
Peggy Blitz*
Susan Bonchi*
Kathleen Dennehy-Fay
Mary Teresa Driscoll
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Deborah Wengrovitz*
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* Denotes Current FY20
Circle of Compassion
member



**Ending Elder Loneliness and
Building Intergenerational
Communities**