



February 2023

## LBFE Boston's Quarterly News



Hello!

What a season it has been! Since our last newsletter, LBFE has been in full-swing. November saw the return of our beloved Thanksgiving Day luncheon tradition. Our friends at the [Hyatt Regency](#) graciously welcomed (at no-cost) 50 older adults and volunteers to their gorgeous space overlooking Boston Harbor. While we had a shorter guest list, (not quite out of these pandemic woods yet) there was no shortage of good food, lively conversation, wild dance moves, and fellowship.

LBFE also celebrated the winter holidays with parties at several of our CitySites locations, holiday-themed activities, surprise gift deliveries from our Program Team and Board of Directors, and a special drive organized by our

partners at **Taurus Holdings** (and new board member Tiffany Huynh!) to bring care packages to older adults transitioning into housing through **Elders Living at Home**.

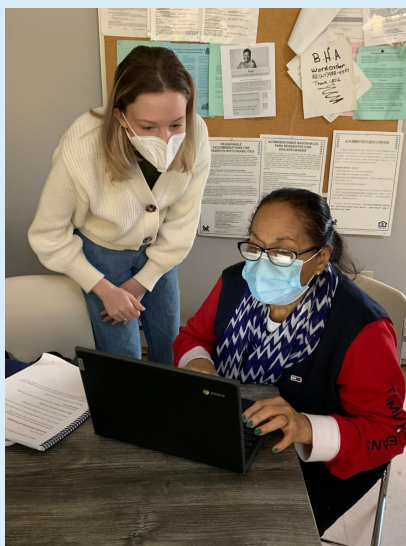


I'd like to take this moment, now that the joyful chaos of the holiday season is behind us, to thank all of our older and younger program participants, volunteers, donors, grantors, community partners, board members, and staff. Together we made the 2022 a year to remember for hundreds of our neighbors and friends. You make Boston a warmer place - even as we enter winter's deep freeze.

Earlier this month our Spring programs launched in 30 locations across the city. CitySites, Digital Dividends, and Creative Connections are bringing opportunities for social engagement, tech learning, creative expression, and, of course, community building to older adults living in public/affordable senior housing. We have dozens of students who are making first introductions and starting on an intergenerational experience that will impact the rest of their lives, creating a generation of young people who are compassionate, empathetic, and "friends of the elderly".

Warmly,

Nikki Shults  
Executive Director



### From the Field

This past semester, students in Northeastern University's Cell and Molecular Biology of Aging Class participated in service learning with LBFE Boston. Chloe, one of the students who partnered with participant Monique, share their experience in our Digital Dividends program!

**[Watch Here](#)**

### Digital Storytelling

Check out our newest video created by students from Northeastern's Digital Story-Telling class. They introduce LBFE's work of creating spaces for older and younger people to be together, share and learn from one another, while building

inclusive communities that span generations and cultures to alleviate isolation and loneliness.

[Watch Here](#)



## ICYMI: LBFE Boston named "Program of Distinction"

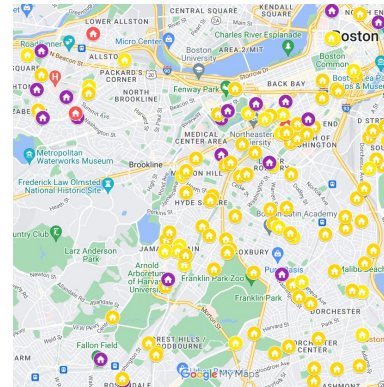
Following a rigorous independent review process, CitySites, LBFE Boston's signature program, has been named one of 11 Programs of Distinction by [Generations United](#), a national nonprofit, whose mission is to improve the lives of children, youth, and older people through intergenerational collaboration, public policies, and programs for the enduring benefit of all.

[Learn More](#)

## Program Updates

Our Spring programs have begun! CitySites is operating in 15 affordable/public senior housing communities and senior centers, Digital Dividends is in 9, and Creative Connections is in 5. Check out our program map to see where our programs are hosted. Older and Younger participants will be gathering together in community for weekly social, tech, and creative programming.

[View Our Program Map](#)



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