

August 2023

LBFE Boston's Quarterly News



Hello!

I hope that despite the rain and humidity, you are enjoying the summer months. I had the honor and privilege of spending a lot of time with my family over the last few months. My father's health is declining so I have been making frequent weekend trips down to CT to visit. I was even able to accompany my dad on his big Bucket List adventure this Spring - Vietnam.

The changes are difficult - but it's the best of a bad situation. My sister and our spouses, my aunts, and my parents' seemingly endless parade of friends are showing up for my parents every day. I often find myself thinking about the many older adults in our community who do not have the benefit of family nearby, or a deep social network to provide respite and support. Now more than ever I am deeply grateful for the entire LBFE Boston family. The work you all do to ensure that older adults have opportunities to build



intergenerational and peer friendships in their communities is an inspiration. The friendships you help cultivate is what sustains us all.

As we enter into the final month of summer I am feeling reflective and thankful to be a part of this mission to relieve isolation and loneliness. The work we all do together brings warmth, joy, and comfort to so many - myself included. It's something we should all be proud of.

Warmly,

Nikki Shults
Executive Director

Welcome!

We've made some new friends this month! Thank you to everyone who took our online quiz and signed up for our newsletters. Welcome to the LBF Family - we're glad you're here.

Say Hello



From the Field

Our Program Director Cynthia Wilkerson and Chelsea Lauder from Community Engaged Teaching and Research at Northeastern co-facilitated a roundtable discussion on Higher Ed partnerships and intergenerational programs at the national Generations United conference in Washington DC last month.

Learn More

International Friendship Day

International Friendship Day was on July 30th and LBF Boston marked the occasion with our first ever Giving Day. You raised \$14,000 for our programs to build intergenerational friendships. Thank you for being a friend!

Donate Today



Celebrating Cynthia Wilkerson



Congratulations to LBFE Boston's Program Director, Cynthia Wilkerson for being named an Eisner Prize Fellow! The Eisner Prize is awarded for Intergenerational excellence, and has honored people and organizations doing exceptional intergenerational work across the country since 2011.

[Learn More](#)

Program Updates

LBFE is growing! With a \$90,000 grant from United Health Care Foundation, our Intergenerational CitySites program will be expanding this fall. We look forward to growing our team and bringing our flagship intergenerational program into new public/affordable senior housing communities in Boston.

[Learn More](#)



Join us at our Annual Gala

It's that time of year! We've begun planning our annual Friends on the Harbor gala. **Save the Date Thursday September 21st** for a night of friends, music, harbor views, special guests, and giving.

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