

LITTLE BROTHERS
FRIENDS OF
THE ELDERLY

LBFE

BOSTON

May 2023

LBFE Boston's Quarterly News



Hello!

In April I had the absolute pleasure of attending the International Congress in Paris learning with our colleagues across the globe. If you didn't know - LBFE is a network of organizations across the world all working to end loneliness and isolation among older adults. **The organization began in France in 1946** and currently has chapters in ten countries as well as partner organizations in an additional four. Every three years the International Federation convenes to discuss new topics in aging. This year we discussed global population shifts, an increased need for organizations like LBFE across the world, and how we can scale up to meet that need. I left with new friends and a renewed energy to continue serving the mission of LBFE. You can learn more about the International Federation [here](#).

Locally, LBFE Boston has been hosting visits at our programs from Boston's City Councilors Ricardo Arroyo, Kenzie Bok, and Brian Worrell. Our program participants expressed gratefulness in being connected to their elected officials to discuss the issues that matter most to them. We're thankful for our friendship with the City of Boston to make this happen.



We've also been talking to younger program participants like [Lauren](#) and [Ellie](#) about what intergenerational friendships mean to them and gearing up to celebrate the [UN](#)

International Day of Friendship later this summer. Keep an eye on your inboxes to learn how you can help us mark the day on July 30th (which also happens to be our friend Louise's 94th birthday!).

So in a spirit of friendship - international, organizational, intergenerational - I wish you all a happy spring. Thank you for being a part of the LBFE family and ensuring that older adults have opportunities to age in community.

Warmly,

Nikki Shults
Executive Director



From the Field

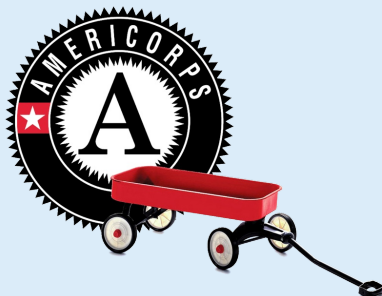
The Huntington News reporter Katy Manning spent some time with LBFE in March interviewing staff, attending programs, and learning about the importance of intergenerational programs. Read her article below to learn more

[Read Here](#)

Community Appreciation

There are a lot of people that make our work possible - program participants, volunteers, board members, donors, foundations, community partners, resident service coordinators, university partners, staff and social media followers. We take a moment to thank the entire LBFE family for creating our vibrant intergenerational community.

[Watch Here](#)



Celebrating Stephenie Hou

Congratulations to LBFE's Senior Intergenerational Program Manager Stephenie Hou for receiving the AmeriCorps Mass Promise Fellow Red Wagon Award!

[Learn More](#)

Program Updates

See your support in action! Your generosity makes a positive impact on older adults in Boston every day. Here's a snapshot of our programs at the end of February.

Get a closer look

Your GENEROSITY Makes an IMPACT!

Combined Spring 2023 Program Data (as of 2/28)

SOCIAL CITYSITES



- 229 older adult participants
- 48 college student participants
- Gathering in 13 Boston neighborhoods

DIGITAL DIVIDENDS



- 29 weekly classes
- Offered in 8 languages
- Hosted in 27 public housing buildings & senior centers

CREATIVE CONNECTIONS



Older adult participants across all LBFE programs are approximately 60% female, 28% Asian American, 24% White, 22% Black, & 6% LatinX. Our younger participants are also diverse; the majority are 18-21 years old, White/Caucasian, Hispanic/Latino, or Asian/Pacific Islander. Many are multilingual international students.



Save the Date

It's that time of year! We've begun planning our annual Friends on the Harbor gala. **Save the Date Thursday September 21st** for a night of friends, music, harbor views, special guests, and giving.

[Visit Our Website](#)

Connect with us

