



June 2024

Dear Friends,

Social connectedness is powerful—not only offering a sense of belonging but, research shows, helping people to live longer, healthier lives. **We invite you to join LBFE in making a difference for older adults in Boston.**

Since 1979, **LBFE Boston** has sought to alleviate social isolation among older adults. Today, our award-winning programs deliver intergenerational, technology, and arts programming at no cost to older adults living in public and affordable housing. Whether over games, or computer training, or in a dance class—generations connect, and neighbors become friends.

Opportunities for joy and growth are essential throughout the lifespan. As one of our participants said of an LBFE event: “It gets everyone together!” Our innovative programs also reflect Boston’s rich diversity, bringing multilingual, multicultural programming into the communities we serve. **[Check out our Impact FY23 report to see how LBFE Boston is making a difference!](#)**

By partnering with LBFE Boston, you can help us do even more: reach more older Bostonians, offer more programs, and build more connections within more communities. **We invite you to join us at *Friends on the Harbor* on October 3, 2024, our biggest fundraiser of the year!**

Please see the **[attached flyer](#)** for information on how attending *Friends on the Harbor* can further LBFE Boston’s programs and mission. We look forward to hearing from you by August 1, 2024.

Thank you -Your support makes all the difference to older adults across Boston.

With gratitude,

Jean DeMayo

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